

Issue 14: 15th September 2023

Calendar

September

15 End of Term 3

2.30pm Finish

October

2 Term 4 Starts

9-20 Year 9 Future Makers Camp

13 Parents Club Trivia Night

18 Year 6 Social Enterprise Market Day

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A few words from the Principal.....Zlatko Pear

End of Term - Well done Myrtleford P12 College!

Congratulations to our students, parents, staff and the whole College community on an excellent first three terms. Our building works are progressing well and are on track for completion next term. We are looking forward to moving into the new facilities and getting access to the play areas.

On behalf of all the staff at Myrtleford P12 College I would like to wish all our families a safe holiday period. We look forward to seeing everyone next term. School resumes for Term 4 on Monday 2nd of October.

Hats compulsory in the yard

A reminder that Myrtleford P12 College is a SunSmart School. This means that all our students need to wear a hat when outside during Term 4. If you are having problems purchasing any uniform items due to genuine financial difficulties, please contact me at the College to confidentially discuss your situation.

Year 12 Exams

Our Year 12 students have now mostly completed their VCE work requirements. They will now be immersed in revision and exam preparation. Students will sit practice exams during the first week of the holidays and take part in revision sessions during the break. The Year 12 students will be back at school for three weeks in Term 4 before they begin the formal end of year exams. Parents can support them by ensuring adequate time is set aside for home study over the next few months.

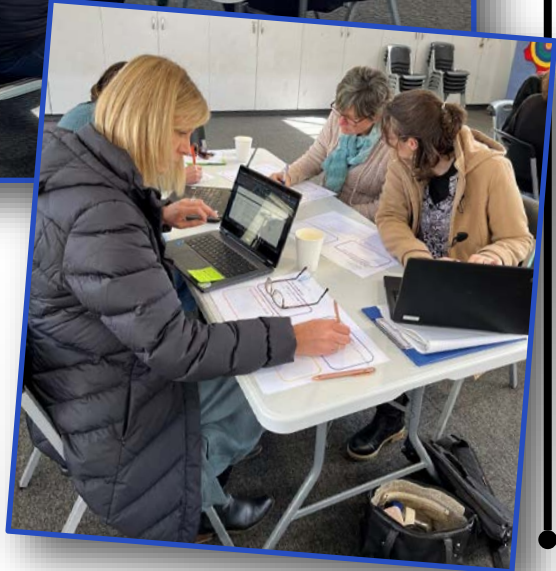
.....Zlatko Pear

Myrtleford P12 College is committed to the implementation of Child Safe Standards to promote the safety and wellbeing of all young people. Myrtleford P12 College acknowledges the Traditional Custodians of the land on which we stand and pay our respect to the Elders both past, present and future.



Around the College....

Primary teachers hard at work during the Curriculum Day last week



Isabella's Communion

On Sunday the 10th of September, Isabella received her Sacraments for her Communion and Eucharist at St Mary's Catholic Church along with others from around the parish.

Congratulations Isabella!

SEEKING A ROOM FOR TERM 4
Mature, considerate, flexible and reliable female currently working at Myrtleford P12 College is seeking temporary accommodation in the area. Ideally looking to home share. Happy to garden, pet-sit, child sit, milk goats, make cheese, spin wool, companion a senior etc.etc.
RURAL setting would be a bonus. Keen traveller and outdoorsy hands on person.
For more details or to discuss further, please contact barbara.dziedzic@education.vic.gov.au



O and M Table Tennis

Some Year 7 and 8 students represented the College at the Ovens and Mitta Sports in Wodonga and Albury on Tuesday and WOW, what a great day they all had!

Myrtleford P12 College did very well at the table tennis. Year 7

boys came in fourth place. A big congratulations to the Year 7 girls who won the competition and have progressed to the Hume Region Competition. I would like to acknowledge the wonderful sportsmanship shown at the table tennis with our students congratulating other schools on their wins.

Renee (Education Support)



MYRTLEFORD AND DISTRICT VOLLEYBALL

The Myrtleford & District Volleyball Association (MDVA) competition concluded on Wednesday the 6th of September.

We would like to congratulate all students who participated, particularly **Hannah Pear and Jake Hodgkin** who won the Female (and overall) Best & Fairest and Junior Best & Fairest respectively.

We would also like to acknowledge the following students:

- Runner Up Male Best & Fairest: Alex Durling & Will Matthews
- Runner Up Junior Best & Fairest: Isabelle Morrison
- Most Improved: Tiahna Patten



Keira Schaefer



Cultural Day



Recount of Cultural Day by Lily and Alice (Year 6)

Cultural Day is a day where we celebrate and are educated about our First Nations History. We do many fun activities that help people learn in different ways.



We started the day by gathering on the tennis court for an assembly. Many awards were presented to indigenous members of the school who have done things to be different and represent their community. An Indigenous education support officer then gave us a spiritual smoking ceremony.

Our first activity was headband making. We were given a quick set of instructions and laminated sheets of paper telling us the meanings of different indigenous symbols. We looked at the sheet and drew the symbols on a thin strip of paper, trying to create a story. After we had finished, the headbands were stapled together and real emu feathers were stuck onto each one.

After a break we did some Indigenous yoga with Lee Couch. Aboriginal songs were played as we connected with the land via a special ceremony. We also sang some traditional songs and discovered that Lee was quite a good singer.





Cultural Day



Then we did spear throwing and a special game of dodgeball. Half of our group went to spear throwing first, and the other half to dodgeball. During spear throwing, we were told if we hit a water bottle, we'd get a day off school. It was our first time, so nobody hit it. Even Ms Bigger tried!

In dodgeball, there were two groups - the Hunters and the Kangaroos. The runners represented the animals trying not to get eaten and the attackers were people who needed to catch their dinner. When I was in the group of runners, we tried going by ourselves, in small groups, and in large groups. The least amount of people got hit when we went in small groups.

During lunchtime, we had traditional Johnny Cakes with maple syrup. They were simple mini pancakes and tasted delicious.

Our second last activity was cultural art led by some of our Korrie Students, Ava Brock, Matilda and Molly Knobel. Ava discussed her art work and the story behind it. We then drew symbols that resonated with our own lives and made stories in the art. Some people got the opportunity to share their stories.

To relax at the end of the day, we read books and made stories with Aboriginal symbols. This activity was run by Mrs Morgan. The books are written by Indigenous authors, some about their culture, or dreamtime stories or just for entertainment purposes.

The cultural day was an overall fun, educational, and interesting experience. We were able to learn about our own Indigenous culture in a unique way. Well done Ms Royse for organising the day!

By Lily Picciocchi and Alice Branagan

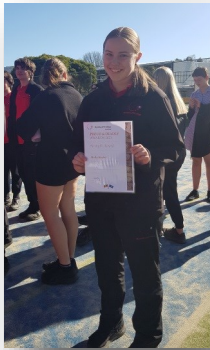




Cultural Day



Pride and Deadly Awards



Molly Knobel-For presenting the Acknowledgement of Country at the Year 11 Formal



Sahara Giles-For being a proud and passionate advocate for Indigenous Inclusion at Myrtleford P12 College.



Ava Brock-For being an amazing advocate for Cultural Awareness in our school community and beyond, particularly through her work with the Alpine Shire Reconciliation Plan and numerous special events

Toby Clifford (absent)-For being a kind, considerate student who received great results in his TAFE course and has persevered with his school based apprenticeship.



Sahara Giles presenting the Acknowledgement of Country



Tammy performing the Smoking Ceremony

Johnny cakes at lunchtime



4th September 2023



Cultural Day



Emu feathers headband with Tammy and Sahara



Yoga with Lee Couch



Art with Mrs Craftwright, Ava, Molly and Matilda.



Spear throwing with Tim and Nick



Indigenous literacy with Mrs Morgan



The Big Tree



Year 1 and 2

This term, we have been learning about our local Aboriginal people and places in Humanities. To finish the unit, we went on an excursion to Myrtleford's Big Tree. The tree is one of the oldest and largest in Victoria. 'The Big Tree' is one of two mature river red gums remaining in the township of Myrtleford. The tree was a meeting place for local Aboriginal groups. We had lots of fun exploring the site's flora and fauna.

Mrs Allan, Miss Hogan and Mrs Cavallin



SCHOOL READINESS PROGRAM

FOR ALL STUDENTS STARTING SCHOOL AT MYRTLEFORD P-12 IN 2024

ENROL NOW

9:30-10:45am - Tuesday 17th October:
I show RESPECT - I can show whole body listening.
 -What does whole body listening look like?
 -The importance of being a good listener.
 -How sensory tools can help us listen carefully.

9:30-10:45am Tuesday 24th October:
I am SAFE - I can control my big emotions.
 -Knowing how I feel.
 -Knowing how others are feeling.
 -Knowing when and how to ask for help.
 -Using strategies that help me calm my strong feelings.

9:30-10:45am Tuesday 31st October:
I am a RESPONSIBLE COMMUNITY MEMBER - I can make new friends and get along with others.
 -Knowing the College Values helps me to learn and play well with others.
 -Learning the behaviours of a kind friend.
 -Using my confident voice to make new friends.

Each child to bring along a water bottle and a hat.
 A fruit morning tea snack will be provided.

We look forward to welcoming you to Myrtleford P12 College. If you have any questions, please do not hesitate to contact Ladeane Lindsay on 57521174 or via email at Ladeane.Lindsay@education.vic.gov.au

We are looking forward to welcoming Prep 2024 students during our upcoming School Readiness Program. Enrol now for further information.

Myrtleford P12 College is a Child Safe School.
 All our Child Safe policies can be accessed on the College website.
<http://www.myrtlefordp12.vic.edu.au>

MP12 PARENTS' CLUB TRIVIA NIGHT

FRIDAY 13th of OCTOBER
6:30PM in the Multipurpose Room

\$10 per person max 8 ppl per table

Get your thinking caps on and brush up on your local knowledge too! The Myrtleford P12 College Parents' Club are hosting a Trivia Night fundraiser.

For Tickets, contact Margaret on 0428503951 or email mp12parentsclub@gmail.com
 Payments can be made at the school office.

BYO Drinks and nibbles

Thanks to all the local businesses who have made donations to make this event successful
 Major sponsor for this event

bank W.W

Extra prize opportunities on the night.
 Bring your wallet and some gold coins
 *Silent Auction
 *Lucky Dip
 *Balloon pop
 *Games

Please note that this event is intended for adults, not children

Be Respectful – Be Responsible – Be a Responsible Community Member – Be Safe

Green Card Winners
 Term 3 Week 10

Prepared and ready to participate
 Keeping my learning space tidy
 Focussing on my own work
 Arriving and leaving quietly and safely
 Showing kindness to others

Following teacher directions
 Wearing my uniform proudly
 Using respectful language
 Trying my hardest

Marley Paahi
Eli McPherson
Addison Gilbertson
Nate Michelini
Bonnie Harding
Ava Watson
Charlie Misener
Kai Gasperotti
Hudson Brown
Cruz Michelini
Shea Dyball (Absent)

Congratulations!!

Intergenerational Playgroup



Intergenerational playgroup 0-100 MP12 College - together we do better

This term five Year 8 students Sienna Schell, Joy Hunter, Taleah Elkington, Paige Kiss and Charlee Savage have worked with me to organise and plan an Intergenerational Playgroup to be held with our friends at Myrtleford Lodge Aged Care. After much planning it all came together on Monday when we held our first session between 10.30 and 11.30.

We were well supported by the community with a number of families coming along, including mums, babies, toddlers and grandparents.

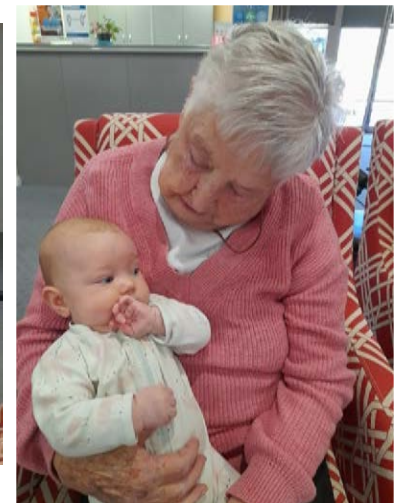
Such a wonderful morning of sharing and caring.

What a fun time we all had, no one was wanting to go home or back to school. A positive experience for all- we will be back next term with more!

Rosemary Bunge
School Nurse



Quote of the week :
“Every moment is a new opportunity to make a memory together”



Intergenerational Playgroup



Some student reflections...



Sienna- My highlight of going to the Lodge was watching how happy the elderly were when they had the babies in their laps, their eyes lit up with joy.

It was amazing watching all the little kids have so much fun.

Paige- I enjoyed greeting everyone, seeing them all with a smile on their face ready to see the elders. In the playgroup I found my little person, Jordy. She was so chill just sitting on the elders laps and making them very happy.



Taleah- I enjoyed the time at the Lodge because watching the young with the elderly was very fun. It filled everyone's hearts to watch a young child run across the room and the resident smiling and laughing at their antics.



Joy- I enjoyed being around the little ones because they were just so cute and tiny. I also really liked the fact that the mothers were so open to the elders and us being allowed to hold their babies.



HEALTH CORNER...with School Nurse Rosemary Bunge

Sexuality education is important and should start when children are young. Talk about feelings, relationships and values. Primary and Secondary school children need age-appropriate information about sex and reproduction. At Myrtleford P12 College we are using a resource developed by the DET as part of standard curriculum. This term I have been working with Year 5, 6 and 7. Age-appropriate sex education is vital for people to make informed, safe, and healthy choices going forward. Knowledge is power.

Year 5 and 6 have been learning about all things puberty. Hormones, body changes, emotional and thought changes, reproductive parts and simple reproduction. **Year 7** topics we are covering include general health and wellbeing, changes during puberty, reproductive parts, reproduction, consent, contraceptive and STI overview. Information has been shared in many ways, games, books, artwork, charts, video clips and simple chats.

If you have students in these age groups now is a good time to be talking to them about these things.

Ask your student what they learnt today?

Young people feel encouraged when their parents and carers are open to talking about sexual health. Avoiding the subject won't stop young people learning about sex, but it may result in them relying on inaccurate information.

The easiest way to talk to your child about sexuality is to start at an early age, though it's never too late. Answer questions honestly and directly when they come up and find out together what you don't know as you go along.

If you would like more information about how to talk to your child feel free to contact me via the college.

Happy holidays if you have requested a holiday breakfast box please remember to collect and enjoy. Have a wonderful break and come back refreshed for Term 4. Remember, be SunSmart next term- so slip, slop, slap and wrap.

Quote of the week: Take care of your body. It's the only place you have to live. Jim Rohn



I'm at Myrtleford P12 College on Mondays and Tuesdays each week.

I can be contacted by email

Rosemary.Bunge@education.vic.gov.au

or on

0438 710 584.

....Rosemary



Health and Human Development

In Week 7-9 of Term 3, we were fortunate enough to borrow a RealCare infant simulator from Cathedral College, Wangaratta, for our Year 11 Health and Human Development (HHD) students to experience. The program involved each student taking care of the "baby" for a minimum of 24 hours, this included feeding, burping, rocking and changing its nappy and was part of Unit 2 (Managing Health and Development), Area of Study 1 (Developmental Transitions). The students took the "baby" to school, work, sport and even Deb training! It was a wonderful experience that our students learnt so much from and we are very grateful to Cathedral College for allowing us to borrow their equipment.

Below are some student testimonials about the experience:

In what ways was caring for Baby like caring for a real infant?

- Some similarities are you have to support their heads, change their diapers, comfort them and walk around with them in your arms to calm it down.
- It was quite similar as it needed feeding, changing and burping but caring for a real infant would be a lot better because they are cuter and the cuteness makes up for the annoyingness



- Dependent, needed constant attention, required you to figure out the issue



In what ways was caring for Baby NOT like caring for a real infant?

- Whenever it wanted to drink from the bottle it would drink for a really long time, the noises it made were limited and so you could identify what was wrong based from the noises it made, it's made of plastic and so doesn't feel like a real baby other than its weight.
- When she stopped crying I could leave her alone in a room and not need to constantly watch her, whereas a real infant would need to be watched with more care.

after none of them have fed that much and for that long or needed to be burped for so long, also real babies actually poop and pee and they wake up to noise.

In what ways was caring for Baby EASIER than expected?

- Diaper change was easy because I left the pants off.
- Being able to identify what was wrong and how quickly, getting a good amount of sleep and multi-tasking whilst caring for the baby. I held the bottle with my chin and fed her whilst typing on my computer. Also the periods of it not making any noise were much longer than I thought they would be. It became easier after you understood it.



Health and Human Development



In what ways was caring for Baby HARDER than expected?

- Having to get up in the middle of the night to care for it, when all you want to do is go to sleep. It was also hard having to deal with the baby crying when I was in class doing my work. Not being able to leave it alone for a long period of time aka going to the toilet/showering
- The night was the hardest, I thought it would only wake up once during the night instead woke up three times needing a feed, nappy changed and sometimes just wanted to be picked up.
- The beginning was very stressful, as I didn't know what was wrong or what I was doing and was also worried about disturbing others around me.
- It was hard knowing what it wanted and getting it to burp. It was annoying walking around with it and people staring giving judging looks. Sometimes it was very difficult to calm it down and the scream was very overwhelming

How has the experience with Baby affected your plans for your life?

- Social plans. Not wanting the children until I'm fully ready (don't be silly with contraception).
- I am now not having kids for a while
- I didn't plan on having kids and I most likely still won't, even though I really enjoyed caring for her, it would be very exhausting.
- It hasn't changed my plans for life I would still love to have kids one day. If anything it has cemented the idea of wanting to travel and pursue my career before settling down to start a family
- For a short period of time it was okay but dealing with this in the long term would change a lot of things including schooling, work and social life.

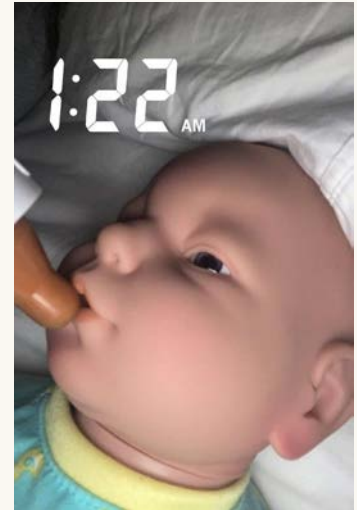


What discussion did you have with your friends/family because of having the infant simulator?

- Some of us thought that we would love to have a baby soon but then realized that it would be so difficult with school, work and sports.
- Just about how raising a kid is extremely difficult as a child.
- Taking care of the infant simulator triggered the conversation of what I was like as a child and the challenges of having a baby.
- I didn't really but someone in the street thought that I had a real baby then when I said she was fake started saying that I was too young to have a baby anyway and that I should live my life first.

How did this experience connect to what we have learned in class?

- This has taught us about a change in a person's life when having a baby. About becoming a parents and the changes you have to make in your life to look after a baby. The needs and development of a baby after it is born
- I was able to more closely relate to how exhausting and stressful being a parent can be and how it can affect your health and wellbeing.



Health and Human Development

If you were to have this experience again is there anything you would do differently?

- No, I think I would just plan my time better around the baby.
- I would hope to have someone home with me so that I can actually do things without being disrupted like going to the toilet, showering, cooking dinner (etc.).
- I would not do it again. Ever.



What have you learnt about the considerations in becoming a parent, particularly surrounding responsibilities and time?

- I think I do not want a child for a long, long time. Though she was good, I feel like they take over your everyday life and I don't want that.
- It takes up a lot of your time, and you can't do anything for yourself anymore in the sense that they come first.
- You need to be prepared and have a plan to care for the baby and have the space for it. You can't just leave the house or go out without taking the baby with you or giving it to another responsible adult to care for it.
- Not to have one in school, she was very distracting and made it hard to do work in psychology as she cried LITERALLY the whole class.



What advice would you give to a future parent who is preparing to take home a newborn?

- Be patient. It will get easier once you know what you're doing. Love your baby. Treat the baby kindly.
- Be patient and be prepared as it will make your life easier!
- Make sure you are prepared for no sleep
- Don't
- You'll learn how to care for them with confidence, you'll understand them better and connect with them more the longer you're together. Taking a moment to relax yourself/taking a moment to breath is also very important, making sure you look after yourself as well as your child.
- I would say patience is key. As much as it is a pain, it is the biggest reward being a parent, and not everybody gets to experience it.
- I would say to be patient and not get mad or annoyed when the baby is crying, it just makes it more stressful and takes longer to calm it down.
- Good luck!

Miss Schaefer (VCE HHD Teacher)



Year 8 Melbourne Camp

Camp Day 1

We finally arrived; Southern Cross Station touchdown!! We made our way to The Village to drop our bags off and headed back to Melbourne Central for some shopping, followed by rock climbing. Once finished, we walked back to The Village with our tired legs to get ready for dinner in Chinatown. After dinner we took a tram to the cinema to watch the Barbie Movie. Our first night ended with a hot shower and a good sleep.

Day 2

Off to Artvo in the morning with some shopping and lunch. We headed straight to the zoo with dinner under the bridge as the rain came. Ponchos on, we walked to the Crown Casino for laser tag and arcade games. We arrived at The Village for a late finish.

Day 3

It was our last day, so we packed our bags and got ready to head out. We spent some time at Queen Victoria market, before going back to The Village to gather our bags. We went off to Southern Cross Station to buy lunch and take a train back home.

Hyacinth and Kobe



Year 8 Melbourne Camp



Wangaratta Court Visit: Good Arguments and Legal 1/2

The students of the Good Arguments elective, alongside the students studying VCE Legal Studies 1/2, attended the Wangaratta Law Court on Tuesday, 12th of September.



Students were given access to an entire courtroom (the Koori Court) in which they participated in two mock civil trials run by a retired County Court Judge. Students had to prepare for their roles as either plaintiff or defendant lawyer and witnesses. Each class also had the opportunity to play the jury for the two cases.

Students were introduced to a range of legal concepts, from the burden and standard of proof in civil cases, to the techniques used in cross-examination by lawyers and barristers in court. They had to consider the duty of care in negligence cases, as well as whether comments posted online could constitute defamation.

Heated discussions ensued in the jury room, although one particular group was quite quick to return a result that would most certainly have resulted in an appeal!

Everyone who participated performed outstandingly, with the judge commenting that she had to continually remind herself that these were school students and not real barristers.



The day also included a tour of Court 1, where many cases from the County and Supreme Courts are heard in a regional setting, and a visit to the cells.

We thank her Honour Judge Marilyn Harbison for donating her time to help run this event, and the Wangaratta Court (in particular, Paula Griffiths) for being so accommodating during our visit.

Mr Harbison





Library News

Congratulations to the winners of the Book Week Colouring Competition

Prep-2

Hugh Scott

Year 3/4

Ywang Ling

Year 5/6

Elli Lamperd

And the winner of the Emoji Match Competition

Louise Benci

These students were awarded with their prize packs by library leaders Rocky and Lily at last week's assembly.



I hope that everyone finds a good book to read these holidays. I look forward to discussing some of the favourites next term.

....Mrs Morgan



From the IT room

Watch this IT space for a series of keyboard shortcuts.

PrtSc

Take a screenshot of your whole screen and copy it to the clipboard. Then paste it where you want it.

Note: You can change this shortcut so it also opens screen snipping, which lets you edit your screenshot. Select **Start** > **Settings** > **Accessibility** > **Keyboard**, and set **Use the Print Screen button to open screen snipping** to **On**.

[Use PrtScn key to open screen snipping](#)

In the Community



Mel Ivone
Social Worker
 Monday, Thursday, Friday
 0418 490 705
 Melissa.ivone@alpinehealth.org.au



Mel is working all holidays and is available to work with young people and families for all the big and small things



Workshop for children aged 8-12 years
For The Child; Emotional Strength and Connectedness

Build your child's emotional awareness of self and others, resilience and social connectedness in a small group environment.

A variety of therapeutic activities will be offered in support of your child's growing emotions, with a focus on mindful creativity and positive interactions.

Device-free!

Date/Time: Thursday 28th September 10:00am to 11:30am.

Cost: \$77.00 per child inc. GST.

Location: 13 The Close Wangaratta.




Parents/guardians will be required to complete a registration and consent form.

Terms and Conditions will be forwarded upon a register of interest.

Group size of 4 participants. The Workshop will only run if all spaces are filled.


It is recommended that your child be prepared to engage with other children in a group setting and have enough confidence to be left in the care of an unfamiliar adult. If a familiarisation meeting would be helpful, this can be requested prior to the workshop commencing.

Enquiries may be made via phone 0417 434 397 or email centredoncounselling@outlook.com

Centred On Counselling is a private counselling service with extensive experience in childhood development and group work.



PROTECT

Everyone has the right to be safe and be protected from abuse. No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community. Tell a teacher or any adult at your school if you feel unsafe.



It's everyone's responsibility. Adults at school must listen and respond to concerns about child abuse. If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources
www.education.vic.gov.au/protect

Alpine Health and Alpine Shire Council are proud to present four local screenings of *The Last Daughter*.




16-17 October 2023

the last daughter

Healing is hidden in the past



The Last Daughter is a documentary about a First Nation woman's journey to unearth the truth about her past, and to reconcile the two sides of her family.

The screenings will be hosted by Lee Couch, a proud Gamilaroi woman who is currently living on Taungurong, Dhudhuroa and Waywurru Country.

SESSION TIMES	TICKETS (VIA EVENTBRITE)								
Monday 16 October, 2023 Mt Beauty Community Centre 1.00pm and 6.00pm	 <table border="0"> <tr> <td>Adult</td> <td>\$12</td> </tr> <tr> <td>Concession / Senior</td> <td>\$6</td> </tr> <tr> <td>Alpine Health / Council Staff</td> <td>Free*</td> </tr> <tr> <td colspan="2">(*talk to your line manager for tickets) Additional booking fees apply</td> </tr> </table>	Adult	\$12	Concession / Senior	\$6	Alpine Health / Council Staff	Free*	(*talk to your line manager for tickets) Additional booking fees apply	
Adult	\$12								
Concession / Senior	\$6								
Alpine Health / Council Staff	Free*								
(*talk to your line manager for tickets) Additional booking fees apply									
Tuesday 17 October, 2023 EMPAC, Prince St, Myrtleford 1.00pm and 6.00pm	 <p>Scan me to Book Tickets</p>								

Contact us for more information at healthpromotion@alpinehealth.org.au

Holiday Fun for the young!



THE VEGETABLE PLOT
LIVE MUSIC WORKSHOP
 SUITABLE FOR AGES 5 - 9
THURSDAY 21ST SEPTEMBER
2:30 PM
MYRTLEFORD LIBRARY
 BOOK - 5751 1591

ALPINE
 SHIRE COUNCIL



THE BEECHY BOOGIE
Family
DISCO
 Feat. DJane Doe

*Come Dressed In Your
 Disco Best*

*Games
 Prizes*

Sunday September 17th, 6-8pm
 Oregon Hall, Quercus Beechworth, Cnr Ford & Church Streets

Suitable for ages 12 & under + Families
 \$12 per child (parents/guardians, 3 & under free)

Tickets Via Quercus:
<https://quercusbeechworth.org.au/>



Quercus Beechworth
 Neighbourhood House



DUCK CAMERON
 AUSTRALIA'S MASTER MAGICIAN

MAGIC at your Local Library!!!

Bright Library - Ph: 5755 1540
 Wednesday 27th September
 11.00am
 1:00pm

Mt Beauty Library - Ph: 5754 4305
 Thursday 28th September
 10.00am

Myrtleford Library - Ph: 5751 1591
 Thursday 28th September
 2:30pm

Suitable for ages 5-12

Master Magician Duck Cameron's unique performance has captivated kids worldwide with magic and wonderful interaction.
Bookings recommended!

ALPINE
 SHIRE COUNCIL



SCHOOL HOLIDAY KIDS BOOTCAMP
WEEK 1 & 2 BOOKING OPEN

\$15 per session, per child
 Book & pay contact Cassie via
 DM/phone | 0437299282

Tuesday 19th & 26th September
 9:30-10:15am (5-8yr)
 10:30am-11:15am (9-13yr)

HEADSTRONG
 QUALIFIED

Sport in the Community



**MDBA JUNIOR DOMESTIC
BASKETBALL REGISTRATIONS
NOW OPEN
2023-2024 BASKETBALL SEASON**

**SEASON TO COMMENCE IN TERM 4
MONDAY 2ND OCTOBER, 2023
REGISTRATIONS CLOSE
FRIDAY 15TH SEPTEMBER, 2023.
PLEASE REGISTER VIA PLAYHQ:
SEARCH MYRTLEFORD DISTRICT
BASKETBALL
FOR ANY QUERIES PLEASE EMAIL:
MYRTLEFORDDBA@GMAIL.COM**

ROUND 1 - WANGARATTA, MITCHELL AVE - SUN 6TH AUGUST
ROUND 2 - BENALLA SKATE PARK - SUN 13TH AUGUST
ROUND 3 - TANGAMBALANGA SKATE PARK - SUN 20TH AUGUST
ROUND 4 - STRATHMERTON SKATE PARK - SUN 3RD SEPTEMBER
ROUND 5 - BRIGHT SKATE PARK - SUN 10TH SEPTEMBER
ROUND 6 - BARANDUDA SKATE PARK - SUN 16TH SEPTEMBER
ROUND 7 - NAGAMBLE SKATE PARK - SUN 17TH SEPTEMBER
ROUND 8 - MYRTLEFORD SKATE PARK - SUN 23RD SEPTEMBER
ROUND 9 - WODONGA SKATE PARK - SUN 24TH SEPTEMBER
ROUND 10 - VIOLET TOWN SKATE PARK - SUN 8TH OCTOBER
ROUND 11 - YACKANDANDAH SKATE PARK - SUN 15TH OCTOBER
ROUND 12 - WANGARATTA, SCHILLING DRIVE - SUN 22ND OCTOBER
ROUND 13 - MANSFIELD SKATE PARK - SUN 5TH NOVEMBER
ROUND 14 - MOUNT BEAUTY SKATE PARK - SUN 12TH NOVEMBER
ROUND 15 - YARRAWONGA SKATE PARK - SUN 19TH NOVEMBER
ROUND 16 - COMP FINAL - ALS SKATE CO - SUN 26TH NOVEMBER

PROUDLY RUN BY AL'S SKATE CO

MYRTLEFORD LAWN TENNIS CLUB

**Membership now due for the
2023/2024 Season
Starts from 12th October
Register now to avoid disappointment**

**SATURDAY SENIOR PENNANT
JUNIOR SATURDAY COMPETITION
THURSDAY LADIES COMPETITION
TUESDAY TWILIGHT TENNIS SOCIAL
FRIDAY FAMILY NIGHTS
HOT SHOTS PROGRAM
COACHING
SQUAD TRAINING**

For membership forms and starting dates please visit
our website
www.myrtlefordtennis.com.au

MYRTLEFORD LAWN TENNIS CLUB

REGISTRATIONS OPEN FOR SPRING 2023 JUNIOR COMPETITION

OPEN TO PLAYERS AGES 10-17

**SATURDAY
MORNINGS
FROM 7TH OCTOBER**

9.15AM-12PM

**MYRTLEFORD
LAWN TENNIS
CLUB**

6 LEWIS AVE, MYRTLEFORD
VIC 3737

**PLAYER REGISTRATION ON OUR
WEBSITE
WWW.MYRTLEFORDTENNIS.COM.AU**

North East Victoria Youth L.E.A.D 4.0



N.E.V.Y.L 4.0 will empower, connect & develop personal leadership skills through an 8-day program. We draw on experiential learning, team based challenges, hands-on skills sessions, and adventure to cultivate leadership capacity & build lasting connections.

"Just dive right in & stay present because it goes quick. You won't regret it"
- Jackson N.E.V.Y.L 3.0





Canberra | LAUNCH
Thurs 7 Sept - Sun 10 Sept 2023

Yackandandah | EMERGE
Tues 17 Oct - Fri 20 Oct 2023

Eligibility | 18+ and able to commit.
Cost | \$385 participant contribution. This is a \$4,000 program that received grant funding from the Australian Government.
Inclusions | Meals, retreat style accommodation, transport, all activities, skills for life & a meaningful connection with your team.

 0412 234 358
  [www.themandalaproject.com.au](https://forms.gle/Zw841LvsGLDp4jXDA)
<https://forms.gle/Zw841LvsGLDp4jXDA>


MISSION AUSTRALIA YOUTH SURVEY 2023



If you're 15-19 years old, living in Australia and want to have a say about the things that affect you, here is your chance!

Mission Australia's Youth Survey is the largest of its kind in Australia, conducted annually since 2002. The survey aims to identify the values and concerns of young people. It is used by Government, academics and communities to develop policies and programs for young Australians.

Please complete online before 11 August 2023 at missionaustralia.com.au/youthsurvey

Code: 28002





SEPTEMBER



Camera Club
Saturday 16 September
11.00am - 1.00pm

Over 12 years welcome
Under 12 years with an adult

FREE



Repair Cafe
Saturday 30 September
10.00am - 12.00pm

Children encouraged to come along with an adult to learn how to mend, repair and sharpen

FREE



Art Workshops
Saturday 9 September

10am-12pm Family Paint Along
1-3pm Mandala Painting
6-8pm Slip & Sketch

\$50 per person



Cardio Drumming
Sunday 24 September
11am-12pm OR 2-3pm
Ages 12+

\$25 per person



Family Disco with DJ Jane Doe
Sunday 17 September
6-8pm, 12 years and under
Parent Supervision required

\$12 per child



Rainbow Soft Play
Sunday 1 October
10am-12pm 0-3years
1-3pm 0-6years

\$12 per child



IT Help Desk
Tuesday 5 September
Tuesday 19 September

10am - 12pm
FREE




Beginners Auslan
Wednesday 6 & 13 September
5.30 - 7.30pm

\$25 for 2 sessions




Beechworth Dancers
Weekly on Thursdays
7.00-9.00pm

Beginners welcome
To book phone 0412 858 019




SEPTEMBER



Women's Stretch, Move, Connect
Weekly on Mondays
7.00 - 8.15pm

All women including teens welcome


\$15/week



Rhythm, Movement & Tumbling
Weekly on Thursdays
1.00 - 2.00pm

Perfect for 2-4 year olds


\$12/week



Mums & Bubs
Weekly on Thursdays
2.00 - 3.00pm


Perfect for 0-2 year olds

\$12/week



Martial Arts
Weekly on Tuesdays
6-7pm - Karate Fundamentals (6+)
7-7.45pm - Combatives (13+)


Book at alburywodongmartialarts.com



Dance Grit & Grip
Weekly on Thursdays
3.30 - 5.00pm


Perfect for 5-12 year olds

\$15/week



Beginners Line Dancing
Weekly on Thursdays
5.00 - 6.00pm

All ages welcome
\$15/week



Book your place at www.quercusbeechworth.org

At Quercus Beechworth we would like all of our community to be able to participate in activities should they choose to. If cost is a barrier, please get in touch with us, as free places are available.

If there is a class or activity you'd like to see in our community, we're always keen to hear your suggestions. If you have a skill you'd like to share, we can support you to run a class of your very own. Our tutors can be paid or volunteer positions.

Contact Jess, community@quercusbeechworth.com.au

Learning opportunities...

AUDIO VISUAL TRAINING

LEARN THE BEHIND THE SCENES WITH ALPINE AUDIO VISUAL!

SESSIONS IN MYRTLEFORD, BRIGHT AND MOUNT BEAUTY

MUST BE AGED BETWEEN 12-25 YEARS OLD

- ▶ LEARN THE BASICS OF THE BACK STAGE CREW
- ▶ A PATHWAY INTO AN AUDIO VISUAL CAREER
- ▶ HAVE THE OPPORTUNITY TO RUN THE BEHIND THE SCENES OF YOUTH LED EVENTS!
- ▶ ENTER YOUR EXPRESSION OF INTEREST HERE

Currently offering First Aid ,Certificate in Individual Support and Health Administration training.

<https://www.alpineinstitute.vic.edu.au/>

Barista Training Course

ALPINE SHIRE YOUTH INVITES YOU TO...

- ☛ Learn how to make the perfect espresso, latte, cappuccino, and more
- ☛ First time or beginner course
- ☛ Must be 14-25 years old
- ☛ Fill in the Expression of Interest form

More Information
 ✉ ydo@alpineshire.vic.gov.au
 ☎ 5755 0555
 🔗 LINK IN BIO

ALPINE SHIRE YOUTH

Responsible Service of Alcohol

- Gain the skills and knowledge to safely serve and supply alcohol in liquor licensed venues
- Must be aged between 17-25 years old
- Your RSA does not expire, but you need to refresh it every three years.
- Paid for by Alpine Shire Council Youth with Engage! funding
- Fill in the expression of interest form

✉ ydo@alpineshire.vic.gov.au ☎ 5755 0555 🌐 <https://forms.office.com/r/U178zHqsmY>

ALPINE SHIRE YOUTH

SAFE FOOD HANDLING COURSE

CALLING ALL YOUNG COMMUNITY HEROES!
 ARE YOU PASSIONATE ABOUT MAKING A DIFFERENCE DURING TIMES OF NEED?

We have an exciting opportunity that combines your love for helping others and food! Thanks to the support from Future Proof through the Bush Fire Recovery Funding, we are thrilled to offer a Safe Food Handling Course

Why?

- Help your community in a time of need
- Great work opportunities
- Completely paid for!
- Travel included

COMPLETE THE EXPRESSION OF INTEREST NOW!

☎ 5755 0555
 ✉ ydo@alpineshire.vic.gov.au

Our Sponsors. . . . Thank you for your ongoing support.



MYRTLEFORD

91 Myrtle Street
(03) 57521876
myrtleford@forea.foodworks.com.au

OPEN: 7am TO 7pm Mon to Fri
8am to 7pm Sat & Sun
myrtleford.myfoodworks.com.au



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Myrtleford Cycle Centre
Everyday Cycling Solutions

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(03) 5752 1511 / 0407 967 309



Alpine Valley Homes
M & S Crisp Builders

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Simon 0418 214 025

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TERRY CARTWRIGHT KITCHENS

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Geoff Mitchell
Director

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- Bathrooms
- Wardrobes
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Fax: 03 5751 1882
Mobile: 0407 681 014
Web: terrycartwrightkitchens.websyte.com.au
Email: cartwrightkitchens@bigpond.com

0 427 272 777



CRISP MASSAGE

Open: MON/FRI 9am to 6pm
by appointment only



Style Inn
hair & beauty

15 Clyde Street,
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(03) 5751 1567



Food For Families.
Thanks to you.

WAW proudly partnering with Uniting for Food For Families.

Drop off non-perishable food here to help support vulnerable people facing crisis this Christmas.

foodforfamilies.org.au

HEI-TANA FREIGHT

MYRTLEFORD • WANGARATTA • BRIGHT

Owner/Operator - Kane Howell

Phone **0418 577 652**
A/H 03 5752 2531


EMAIL: heitanafreight@gmail.com

bank

WAW

Porepunkah Ski Hire

Gary & Carolyn Monshing



Town Centre, Porepunkah 3740
Ph/Fax: 03 5756 2355
Mobile: 0438 519 217
Email: punkaski@netc.net.au

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- Our fortnightly newsletter is available for your enjoyment:**
- **On the ClassDojo app** available on Android and Apple devices. (Where you can also enjoy notifications about school related information)
 - **On Compass** (Where you can also enjoy notifications about school related information and parent forms)
 - **On the College website** at <http://www.myrtlefordp12.vic.edu.au/>
 - **Via email** (just let the office know and provide a valid email address)
 - **By hard copy** on request



Shop 4/68 Myrtle Street
(next to Buffalo Farm Equipment)

ph: (03) 57 521 494

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